

To maintain spreadability,
do not refrigerate.

Manufactured for
LC Foods™ Company
Raleigh, NC 27604
www.HoldTheCarbs.com



Dark Chocolate Peanut Butter Spread

All Natural • Sugar Free • Gluten Free

2 net
carb per
serving!



NET WT 11oz (312g)

Nutrition Facts

Amount Per Serving
Serving Size 2 Tbsp (32g)
Servings per container 10

Calories 176

Calories from Fat 108

%Daily Value*

Total Fat	12g	19%	Total Carbohydrate	16g	5%
Saturated Fat	4.5g	23%	Dietary Fiber	9g	36%
Trans Fat	0g		Alcohol Sugars	5g	
Cholesterol	0mg	0%	Protein	2g	4%
Sodium	10mg	0%	Net Carbs	2	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Inulin chicory root fiber, palm oil, peanuts, erythritol, cocoa powder, sunflower oil, sunflower lecithin, vanilla extract.